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# Stelmach rolls royalties back

JEFF CUMMINGS  
jeff.cummings@metronews.ca

**Alberta's government has decided to take a page from Wal-Mart by rolling back its royalty rates in order to get more energy companies to keep on drilling — a move expected to save the industry up to \$1.8 billion over the next five years.**

Premier Ed Stelmach says the province needs to take urgent action to encourage companies, especially Alberta-based junior oil and gas companies, to continue drilling and preserve thousands of jobs in the face of a global economic meltdown.

The financial crisis has



**"We must be competitive, so we're making this change to encourage new activity in the oil patch."**

Premier Ed Stelmach

caused some energy companies to back off building planned upgraders in Alberta, along with slowing drilling as oil prices continue to plunge.

"The world has changed in recent months and we must respond," said Stelmach at a news conference yesterday. "We must be competitive, so we're making this change to encourage new activity in the oil patch."

The new shift in royalty rates, starting Jan. 1, will only apply to companies

drilling wells 1,000 to 3,500 metres in depth, since drilling shallow wells is more economical for oil and gas companies, said Alberta Energy Minister Mel Knight.

Also yesterday, a panel chaired by Jack Mintz suggested the province must save \$100 billion to offset a potentially devastating tax hike within two decades.

Mintz says Alberta should put away five per cent of its revenues, and fund that nest egg with a spending cut of \$1.9 billion.

# Waste funds kicked to curb

NEIL MACKINNON  
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Calgarians may be left literally holding the bag if a city council decision isn't reversed "soon."

In an 8-7 vote last night, aldermen elected to cancel the entire waste and recycling services budget, leaving the future of Calgary's curbside recycling program and all garbage pick-up in the air and mayor Dave Bronconnier scratching his head.

"This is amazing," said Bronconnier, left virtually speechless after the final

Watch city hall gird for a budget showdown at  
metronews.ca/local

## Budget by number

- 7.3 per cent: The current projected tax increase after day 3 of city council budget deliberations, after cuts have dropped the hike from the initial 9.6 per cent.
- \$3: The fee approved by city council yesterday, applied to all park and ride transit passengers.

vote was read. "Unfortunately with that, the city is obligated with many tens of millions of dollars in financial contracts and possible exposure if this isn't dealt with very quickly."

The city has already bought and paid for 300,000 blue bins for the curbside program, which is slated to begin next

spring, and if the decision isn't rectified, city residents will be on their own to deal with their garbage disposal.

"We're going to have garbage piling up everywhere because we have no money for collection," said Ald. Linda Fox-Mellway.

Council also approved increased transit fees and a \$3 per day fee for commuters to utilize city park and ride lots.



## Fashion Chocolatista

Courtney Murphy of Mode Models in Calgary wears the latest in food fashion with a Paul Hard-designed chocolate dress, featuring Bernard Callebaut chocolate, designed for a Paris chocolate fashion show and the Bernard Callebaut Chocolate's 25th anniversary celebration. See story page 3

## Baseball guest Buckner to tell his Series story

**KEYNOTE** Bill Buckner, widely known for his 1986 World Series gaffe that eventually paved the way for a New York Mets game 7 victory over the Boston Red Sox, will be the special guest of the University of Calgary Baseball and Fastball Clubs in January.

The former Red Sox first baseman hit sports highlight infamy by allowing a Mookie Wilson dribbler up the first base line go under his glove and through his legs into right field, allowing Ray Knight to score the winning run in the bottom of the 10th inning of Game 6.

Buckner will share his side of that story. Tickets are \$175. Visit [www.ucalgaryrecreation.ca](http://www.ucalgaryrecreation.ca).

METRO CALGARY

Gift guide pgs 13-17

Ideas for all on your list



Metro Homes pg 18

Home spas bubbling over

Celebrity pg 26

Hands down Hugh sexy



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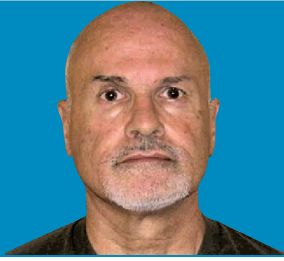


**Start writing your letters to Santa**

A visit from Santa Claus at the Blessed Damien Elementary School tomorrow will launch Canada Post's annual Letters to Santa Program, in support of family literacy. **METRO CALGARY**

3

## Local

**Police look for Robert Rouzault**

The Calgary Police Service is looking for information on the whereabouts of 58-year-old Robert Rouzault, left, wanted in connection with robberies at five city financial institutions. In each incident, a man approached a teller with a note demanding cash before fleeing on foot.

METRO CALGARY

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**'Silent shopper' job offer turns out to be scam**

**CREDIT CARD** A sketchy job offer for one Calgarian turned out to be a credit-card fraud scam, according to city police.

A man answered a job ad on Oct. 27 and was told he would be a "silent shopper" and was given a credit card in his name to use to shop at several stores and wire \$2,500 to a name provided. The man became suspicious and called police, who confirmed the card number was legitimate but belonged to someone else.

**METRO CALGARY**

**Tips**

- Police are asking anyone with information about the scam to contact them at 403-206-8386.

**Student recounts bus crash**

KRISTA SYLVESTER  
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**It was the ride of her life and one Alanna Schwartz won't soon forget as the bus she was in careened into the chain-link fence of her school yesterday morning.**

The 12-year-old said after school she was still shaken up about the incident as she recounted the moments before the bus crashed.

The Southland bus carrying 37 students was almost at George P. Vanier Junior High School at 32 Ave. NE around 8:15 a.m. when the bus slid through an icy turn and into the fence.

"We went through the fence and the pole went through the window and



A bus with 37 students sailed through a chain-link fence near the George P. Vanier Junior High School yesterday morning. Fire department officials said it was fortunate someone wasn't seriously injured.

just barely missed the driver. It all happened so fast, and the scariest part was that if we moved, the bus could have tipped over the edge," Schwartz said, adding the bus was "hanging over the edge."

Schwartz credits the driver with calming the

screaming and crying students, many of whom she said captured the wreckage on their personal cellphones.

"He told us not to move or get out of the windows because the bus could completely tip over," she added.

Fire Capt. Willie Underhill was on scene and said it was fortunate none of the kids or the driver were hurt, which would have been the case had the bus moved even another metre or less. "I can't believe how lucky these kids were," he said.

**Jury shaken by images at Steinke trial**

**PHOTOGRAPHS** Jurors in the Jeremy Steinke triple-murder trial listened to testimony from Sgt. Gerald Sadlemeyer from the Medicine Hat Police forensic unit and had to sift through 200 of the 2,000 images the officer took during the 2006 investigation.

Many of the photos were images of the blood-spattered home in which the family was killed. Some jurors were visibly emotional while viewing the evidence.

Steinke, 25, is charged with three counts of first-degree murder in the Medicine Hat deaths, of which his then 12-year-old girlfriend has already been found guilty. **METRO CALGARY**



Designer Paul Hardy and chocolate master Bernard Callebaut

**Guilty pleasure drives dress design**

KRISTA SYLVESTER  
krista.sylvester@metronews.ca

**TASTY STYLE** It's a beautiful dress that looks good enough to eat — probably because it is.

A dress created by local designer Paul Hardy and made of strictly Bernard Callebaut chocolate, was unveiled to Calgarians at the chocolate connoisseur's headquarters yesterday.

"This dress was a labour of love, and I can't count how many hours I spent trying to think of it," Hardy said.

Callebaut approached Hardy earlier this year to design the dress as part of the popular chocolate maker's 25th anniversary and to be modeled in the Salon du Chocolate Fashion Show in Paris last week.

"I was trying to also pay homage to his philosophy

of using natural ingredients," Hardy said of the dress design.

Mode Model Courtney Murphy displayed the dress in New York runway fashion to about 50 on-lookers viewing the dress for the first time.

"I've never worn anything like it, but I think it's absolutely architecturally fabulous. And Bernard Callebaut chocolate is the best in the world, so it's great," she said.

metronews.ca

What's online today.

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**Watch** Justin Trudeau's nostalgic return to Parliament Hill at [metronews.ca/canada](http://metronews.ca/canada)

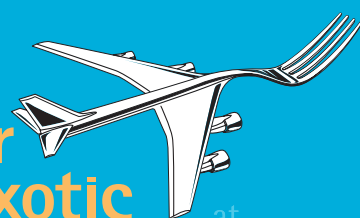
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# Calgarian off to Bollywood

KRISTA SYLVESTER  
krista.sylvester@metronews.ca

## It's a story straight out of Bollywood.

A Calgary dancer now living in Los Angeles has won the Verizon Bollypop contest with her close friend, and both are set to dance in an upcoming Bollywood movie.

"It hasn't really even set in yet. But I am so excited. It's such an amazing opportunity," 23-year-old Shivani Thakkar told Metro.

Bollywood movies consist of about eight dance sequences, and Thakkar was chosen alongside her friend 25-year-old Sapna Rohra after the submissions

were whittled down to 10. Shivani was trained by her mother Sudha, also a professional dancer, since she was a "toddler" and grew up with dancing in her blood.

"I owe a lot to my mom for where I am today. She is so proud and I still very much have roots at home in Calgary."

Rashmi, Shivani's father, said he is very proud and excited his daughter has been chosen. "It's such a prestigious opportunity and something that really matters to her," he added.

The winners will be flying to India on Dec. 1 for shooting of the film.

23-year-old Calgarian Shivani Thakkar was recently selected to appear in a Bollywood film production.

PHOTO COURTESY IVAN KARABOBALEV



Calgary Humane Society adoption supervisor Jessica Walders and a few furry friends want Calgarians to know pet gift cards are available to help pet lovers choose the right match.

## 'Tis the season for pet gift cards

KRISTA SYLVESTER  
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**HOLIDAYS** Christmas shoppers checking off their shopping lists should remember to think twice before giving a four-legged friend as a present this holiday season.

The Calgary Humane Society said giving a pet as a Christmas gift may seem like a good idea at the time,

but it's not.

"Pets are something that the recipients should be able to pick out for themselves, so they can get the right fit for their home," communications manager Lindsay Jones said.

Bylaw boss Bill Bruce agrees giving an animal as a gift to a pet lover isn't a good idea — but giving a gift certificate for one is.

"By offering gift certificates, we will be reducing

the chances of people making hasty decisions by picking out pets for friends or family that might not be the right fit," Bruce said, adding that in the six months after Christmas, pets surrendered to shelters increases.

Pet gift certificates can be purchased from both the Humane Society and the City of Calgary Animal & Bylaw Services to be used toward the adoption of a pet.

## Mexican man robbed by group

**ATTACK** A Mexican national on a work visa was attacked and robbed in the town of Bassano around midnight Tuesday, according to Bassano RCMP.

It is believed the victim was walking through a residential area when attacked by three or four individuals, who may have been hiding in a nearby treed area. The victim was able to get to a nearby hotel to call police, and was later transported and treated at Bassano Hospital.

**METRO CALGARY**

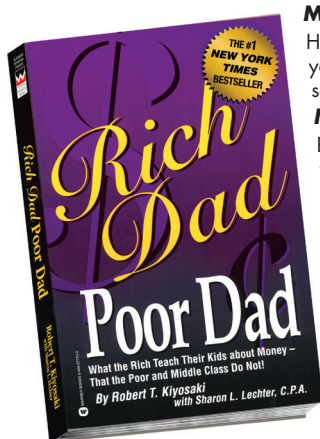
## Calgarian found dead off highway

**FATALITY** A 50-year-old Calgary man was found dead 150 metres from the highway near Nanton where an abandoned vehicle was reported one week ago.

Several attempts to contact the registered owner of the vehicle, and then search and rescue teams were dispatched to the area. The name of the deceased is being withheld until next of kin is notified.

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Lead levels in most Canadians have dropped dramatically, but federal officials have no idea if the toxic metal is in young children. The number of Canadians with potentially dangerous levels of lead in their blood has dropped from 25 per cent in 1978 to less than one per cent. **TORSTAR NEWS SERVICE**

# Canada



## Cauchon stays out of race

Martin Cauchon, left, who as federal minister of justice lobbied for legalization of same-sex marriage and decriminalization of marijuana, has decided to stay out of the Liberal leadership race. The 46-year-old said yesterday that the prospect of taking on a heavy debt was the biggest factor in his decision.

METRO NEWS SERVICES

## Obama inspires Ottawa to work for continental cap-and-trade

**ENVIRONMENT** The Conservative government, shifting positions in the wake of Barack Obama's election in the U.S., said yesterday that it would work to develop a North America-wide cap-and-trade system to limit greenhouse gas emissions.

The Tories have until now focused on cutting the intensity of emissions rather

than imposing outright curbs.

"We will work with the provincial governments and our partners to develop and implement a North America-wide cap-and-trade system for greenhouse gases," the government said as it unveiled plans for the new session of Parliament.

REUTERS

# Tories predict deficits

## Conservative throne speech warns of tough times ahead

**Warning of the potential for short-term deficits and government belt-tightening, Prime Minister Stephen Harper's Conservatives yesterday unveiled a throne speech it says copes with "extraordinary" financial challenges.**

"This is a time of unprecedented extraordinary global economic challenge and uncertainty," Gov. Gen. Michaëlle Jean said as she read the speech in the Senate.

But despite the grim news, the speech was vague on government help for hard-hit sectors, such as auto manufacturers. And Finance Minister Jim Flaherty made clear that a stimulus package to kick-start the economy is still months away.

"It certainly will not be in the fall economic update. It's not a mini-budget, it's

an update," he said.

But he didn't rule out new measures to rescue the economy eventually. "If it means that we would run a (budget) deficit, we'll run a deficit, because the purpose here is to manage the economy effectively for Canadian families, not to artificially create a small surplus."

The throne speech did promise to speed up infrastructure funding to get some \$3 billion in projects now tied up in red tape built "as soon as possible."

NDP Leader Jack Layton said the speech failed to "capture the great difficulties many families are facing."

TORSTAR NEWS SERVICE



Watch Justin Trudeau's nostalgic return to Parliament Hill at [metronews.ca/Canada](http://metronews.ca/Canada)



CHRIS WATIE/REUTERS

Gov. Gen. Michaëlle Jean delivers the Speech from the Throne in the Senate chamber on Parliament Hill yesterday.



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Contest closes on November 20, 2008 at midnight. Full rules and regulations available online or by visiting the Metro office during regular business hours. Winners will be contacted by email or phone and will be required to answer a mathematical skill testing question.

## News in brief

**POLITICS** The Liberal Party said yesterday it would not defeat the minority Conservative government. The Bloc Quebecois and the New Democrats said they would vote against the throne speech, but Liberal leader Stéphane Dion said it would be irresponsible to force another election now.

**HEALTH** Winnipeg Regional Health Authority is changing how patients who come into the emergency department are registered and monitored, CBC News Online reports. The move comes following the death of a man who sat 34 hours in a waiting room earlier this fall.

**BODY FOUND** Police in the Eastern Ontario city of Belleville are investigating after one officer apparently committed suicide inside a police station yesterday morning. Reports say that Mike Eby, 51, appears to have shot himself to death. An autopsy is scheduled for today.

**MURDER** Toronto police have launched a "large scale" murder investigation after finding as many as four dead bodies in a home in the suburb of Scarborough, a police spokesman said yesterday. Police found the bodies after responding to a call about a suspicious incident. **METRO NEWS SERVICES**



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**Cops take down barriers**

Police in western Quebec dismantled three blockades set up on Highway 117 by Algonquin activists yesterday. **CBC NEWS ONLINE**

canada 7

# Chugging calories

Canadians drink up to 20% of daily intake

MARIA COOTAUCO  
for Metro Canada



**Beverages account for about 20 per cent of a Canadian adult's daily caloric intake, but that decreases as people get older, according to a Statistics Canada survey released yesterday.**

On average, adults between 19 and 30 years old consume about 11 cups of liquid every day — most of it water, followed by soft drinks for men and coffee for women.

By the time Canadians are 70 and older, they're drinking less and taking in only 12 per cent of their daily calories in the form of beverages.

When it comes to coffee, 19- to 30-year-olds drink about one cup a day, but that increases to two cups a day for men and 1.5 cups for women aged 31 to 50.

For Vancouver-based dietitian Asia Peters, coffee in moderation is not necessarily a bad thing. In fact, coffee



A new StatsCan survey reveals that adults get 20 per cent of their daily calorie intake from beverages — mostly water.

has antioxidant benefits similar to those found in black and green tea.

"My problem with coffee drinkers is what they put in it," she said. "It's not so much the coffee itself but

are they putting a bunch of cream and sugar in there?"

For avid coffee drinkers, Peters suggests following a cup of coffee with a cup of water to counteract its dehydrating effects.

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An Israeli archaeologist said yesterday he had unearthed what he believed were the 2,000-year-old remains of two tombs which had held a wife and daughter-in-law of the biblical King Herod. They also came across evidence of Herod's cushy lifestyle, a well-preserved mural of gazelles decorating walls of what is believed to be a theatre. **REUTERS**

# World



## Take a byte out of crime

Cybercrime is likely to wreak as much havoc as the credit crisis in the coming years if international regulation is not improved, some of the world's top crime experts said yesterday. Damage caused by cybercrime is estimated at \$100 billion annually. Criminal organizations are exploiting a regulatory vacuum to commit Internet crimes such as computer spying, money-laundering and theft of personal information. **REUTERS**

## 'Forced wedding' manual created for Paris officials

**FRANCE** The Paris City Hall launched a manual on forced marriages yesterday to help officials spot young women being coerced into matrimony.

An estimated 70,000 teenage girls living in France are victims or potential victims of forced marriages, many of them from immigrant families. Causes can vary widely, from cultural and religious factors to the will by immigrant parents to "protect" their daughters from relationships with men from other communities.

The new manual, a 32-page booklet that will be distributed to officials in the 20 districts, lists clues that can arouse suspicions and explains what the law

allows officials to do.

Danger signals include cases when middlemen fill in the required documents ahead of the wedding,

when the woman does not appear at the city hall at any point before the wedding day, or when there is a big age difference between the man and the woman.

"There have to be several clues to arouse suspicions ... None of these clues, taken separately, is enough to prove a forced marriage," the manual says. The law allows suspicious officials to organize pre-wedding interviews with the couple, either together or separately, to try and determine if they both consent to be married. **REUTERS**

**"There have to be several clues to arouse suspicions."**  
Paris City Hall guide

## Trial for scribe's murder shut

**Colleagues of murdered Russian reporter Anna Politkovskaya accused the government of a coverup yesterday after a judge barred the public from the trial of three men accused of helping kill her.**

Politkovskaya, a fierce critic of the Kremlin, was shot dead two years ago, raising questions about Russia's commitment to freedom of speech.

### Putin to return as president?

The United Russia party meets today against a backdrop of fevered speculation that Vladimir Putin, the former president, may be preparing

Judge Yevgeny Zubov announced he was overturning his own earlier ruling that the trial be public, saying jurors had refused to

for comeback to the Kremlin. The congress gives a platform for Putin, now prime minister, to re-assert his status as Russia's most popular politician.

enter the courtroom if reporters were present, lawyers for Politkovskaya's family said afterwards.

Dmitry Muratov, editor-

in-chief of the newspaper where Politkovskaya worked, said the decision was a breach of justice intended to cover facts about how Russian law enforcement agencies operate.

Politkovskaya, a 48-year-old mother, was shot dead on Oct. 7, 2006, outside her flat. She had reported on human-rights abuses in Russia's Chechnya region and elsewhere. **REUTERS**

## Britain One fat cat



Veterinary charity PDSA nurse Jennie Keen is seen holding Tinks, a 13-year-old cat, in this undated photograph received in London yesterday. Eight of Britain's most overweight pets are to embark on a 100-day diet and fitness regimen in a bid to be crowned this year's pet fit club champion.

## Crash raises fears of volatility in China

**CHINA** Police were told to ensure stability amid protests as the country's economy slowed yesterday. Thousands rioted Monday in Gansu province, and Public Security Minister Meng Jianzhu said police "should be fully aware of the challenge brought by the global financial crisis

and try their best to maintain social stability."

Although the Gansu violence was triggered by a plan to resettle residents in a region hit by earthquakes, it followed taxi strikes and labour protests in areas reliant on demand from the West for Chinese exports. **REUTERS**

## Indian warship sinks Pirate ship

**SOMALIA** An Indian warship blew up a pirate ship in the Gulf of Aden and gunmen from Somalia seized two more vessels, defying the foreign warships patrolling the seas off their anarchic country.

Buccaneers have taken a Thai fishing boat, a Greek bulk carrier and a Hong Kong-flagged ship heading for Iran since Saturday's spectacular capture of a Saudi supertanker carrying \$100 million of oil, the biggest ship hijacking in history. **REUTERS**

## Al Qaeda scorns Obama in video

**TERRORISM** Al Qaeda's deputy leader accused Barack Obama of betraying his race and his father's Muslim heritage yesterday and urged more attacks, as the group tried to counter the incoming U.S. president's global popularity.

In an 11-minute recording publicized online, Ayman al Zawahri attacked Obama as a "house Negro," a racially charged term used by 1960s black American Muslim leader Malcolm X to describe black slaves loyal to white masters. **REUTERS**

### News in brief

**NUCLEAR** The election of Barack Obama as U.S. president has given crucial impetus toward implementing the Comprehensive Nuclear Test Ban Treaty more than a decade after it was negotiated, pact officials said. The global treaty, which prohibits all nuclear explosions, cannot enter into force before it is ratified by all 44 of the negotiating nations. **REUTERS**



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**Same-sex marriage ban challenge to go forward**

California's Supreme Court yesterday agreed to hear a legal challenge against the state's voter-approved ban on gay marriage, and let the ban stand until it ruled. A decision by the same court in May had opened marriage to same-sex couples. **REUTERS**

# Ads boost obesity

**Banning fast-food advertising on television in the United States could reduce the number of overweight children by as much as 18 per cent, researchers said yesterday.**

But the research team at the National Bureau of Economic Research questioned whether it would be practical to impose that kind of government regulation — something only Sweden, Norway and Finland have done.

For their study, Shin-Yi Chou, of Lehigh University in Pennsylvania, and col-

## Fat stats

- The U.S. Centers for Disease Control and Prevention estimate 13.9 per cent of children aged 2 to 5 are overweight, as are 18.8 per cent of children aged 6 to 11, and more than 17 per cent of youths aged 12 to 19.

leagues used data on nearly 13,000 children from the 1979 Child-Young Adult National Longitudinal Survey of Youth and the 1997 National Longitudinal Survey

of Youth, both issued by the U.S. Department of Labor.

"The advertising measure used is the number of hours of spot television fast-food restaurant advertising messages seen per week," they wrote in the Journal of Law and Economics.

"Our results indicate that a ban on these advertisements would reduce the number of overweight children ages 3-11 in a fixed population by 18 per cent and would reduce the number of overweight adolescents ages 12-18 by 14 per cent."

**REUTERS**

## Charges laid in 2007 plane crash

Police in Brazil charged 10 people yesterday, including former government officials, for contributing to the country's worst airline accident, which killed 199 people last year.

All 187 people on board and 12 people on the ground died when the TAM Linhas Aereas Airbus A320 overshot a recently repaved runway at Sao Paulo's Congonhas airport in July 2007.

Those charged include the former head of the national aviation authority, Milton Zuanazzi, and officials at TAM and the airport authority Infraero. All are accused of violating national aviation security and could face up to 6 years in jail.

**REUTERS**

## Automakers blasted over private jets

**ECONOMY** Chief executives from General Motors Corp, Ford Motor Co, and Chrysler LLC pleaded yesterday for \$25 billion US in federal assistance to help pay their suppliers, workers and other expenses at a time when car sales have plunged along with a souring economy.

But skeptical lawmakers blasted them for flying private jets to Washington and failing to make personal sacrifices in exchange for federal assistance.

"It's almost like seeing a guy show up at the soup kitchen in a high hat and tuxedo," said Rep. Gary Ackerman, a Democrat from New York.

**REUTERS**

## France Let the voting begin



Segolene Royal, centre, one of three candidates campaigning to become the head of France's Socialist Party, delivers a speech yesterday at a political rally in Paris on the eve of the first-round vote.

GONZALES/REUTERS

## News in brief

**STUDY** Researchers have sequenced the gene map of a long-extinct, mummified woolly mammoth, using DNA taken from its hair. The sequence shows mammoths were more closely related to modern, living elephants than previously thought.

**CONFLICT** Hundreds of Congolese rebel fighters pulled back yesterday from frontline positions in a move U.N. peacekeepers hoped would open the way for talks on ending weeks of conflict in east Congo.

**POLITICS** Bolivia's president, Evo Morales, accused the U.S. Drug Enforcement Administration yesterday of trying to tap his telephone conversations instead of going after cocaine traffickers.

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# Comment & Views

## Comment

# Hillary hazard ahead

## Obama better off without Clinton in cabinet

### Home&Abroad

Andrew Cohen

Canada & world insight

Hillary Rodham Clinton for secretary of state of the United States of America?

If the reports are correct, Barack Obama is preparing to name Clinton, the most popular woman in the country, to the most senior position in his cabinet.

But if Obama has decided to appoint Clinton, he should reconsider. And if Clinton has decided to accept, she should reconsider. For both, the appointment would be a mistake.

If Obama really wanted Clinton in his White

House, he could have made her his vice-president last August. He did not choose her because they had no personal chemistry and because she would have contradicted his mantra of change. She is the Washington insider; he is not.

Many thought Obama was wrong. They said that because Clinton had won 18 million votes in the primaries and caucuses — almost as many as he did — he had to appoint her as VP or risk alienating fellow Democrats.

They warned that rejecting her would drive her loyalists into the arms of John McCain. That fear was groundless — her supporters were never going to vote for the Republican ticket, especially one which included the anti-feminist Sarah Palin.

Obama decided to break with the Clintons, who have dominated the Democratic Party since 1992. He did not

**If Obama and Hillary were to fall out on a matter of policy, he couldn't fire her. It would rupture the party.**

need her or her husband, who diminished himself in her campaign. It was a wise decision, though when Palin joined McCain and gave the Republicans a momentary surge in September, some Nervous Nellies worried that Obama had erred in choosing Joe Biden. He didn't.

So why choose her now? No doubt she is competent, compelling and the best known woman in America. She has impeccable credentials.

But her appointment wouldn't set a precedent — there has been a woman, indeed a black woman, lead-

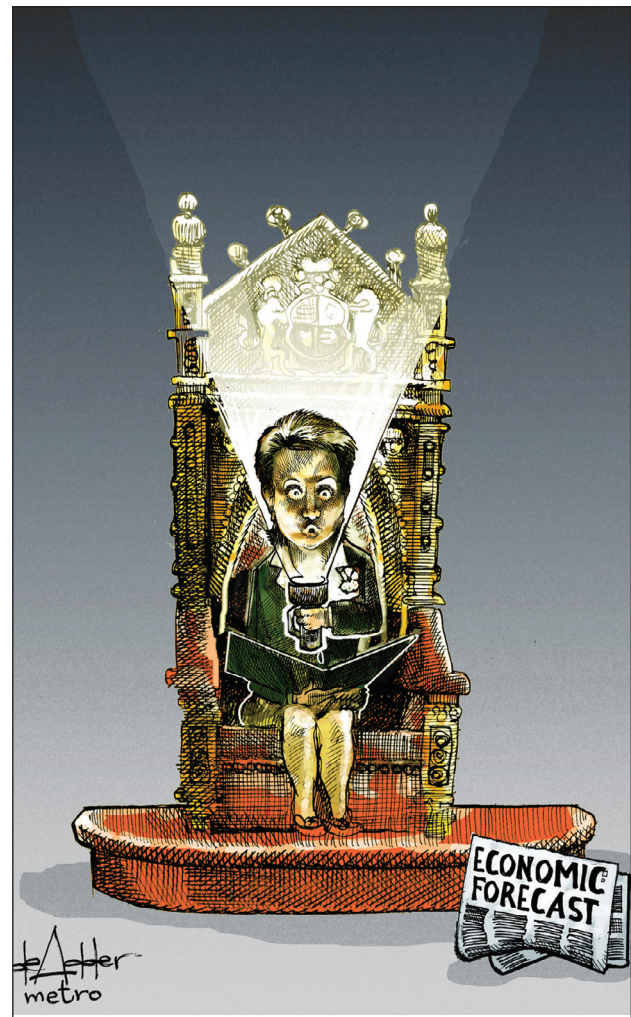
ing the Department of State for the last four years — and Clinton would steal Obama's thunder. Moreover, her husband and his mysterious business interests could be trouble.

Worse, if Obama and Hillary were to fall out on a matter of policy, he couldn't fire her. It would rupture the party.

And why would she take the job? She would have to resign her seat in the Senate and give up leadership on health care and other social issues that motivate her. She would miss the opportunity to replace the ailing Edward Kennedy as the country's great liberal lion.

Obama should choose someone else for Foggy Bottom. Hillary Clinton brings more dangers than benefits.

Andrew Cohen, a professor and journalist, is the author of *Extraordinary Canadians: Lester B. Pearson*.



MICHAEL DE ADER

## Views

# Former child soldiers reach out to victims



Susan McClelland

Kabba Williams sits quietly, his hands folded in his lap. The 24-year-old's wide smile belies the horrors he has inflicted on others and of which he is also a victim. Sitting beside Williams is Mariatu Kamara, now a 22-year-old college student in Toronto. Kamara is an all too emotional reminder for Williams of his past. She was only 12 in 1999 when rebels in Sierra Leone's 11-year-long civil war invaded her village. Child soldiers held the young girl hostage for nearly a day and then amputated her hands before setting her free.

"I did this," Williams, looking briefly at Kamara, told the audience at the University of Alberta last week. "I did terrible things.

Rape, murder, cutting off people's hands."

Williams was not the child combatant that tortured Kamara. But for nearly three years, Williams was a boy soldier — in fact, he's one of the youngest child soldiers ever recruited in an African conflict, having been abducted by rebel forces at the start of the Sierra Leone war in 1991 when he was only six years old.

Last week at the University of Alberta's Festival of Ideas, Kamara and Williams, now an outspoken human rights advocate in Sierra Leone who speaks on the use and victimization of child soldiers, came together for the first time.

"It was scary at first," says Kamara, whose memoir *The Bite of the Mango*, which I wrote, was released last month. "But what can I do to him ... to the boys who did this to me? My hatred toward them is only hurtling me, so I have to forgive."



Mariatu Kamara

I have been involved with the Sierra Leonean community for several years. I am struck by their inherent ability to tell their stories, hold one another and build community. I was by far more nervous of the meeting between Kamara and Williams than they were. When they first saw each other, they embraced. To anyone looking on, they appeared like old friends.

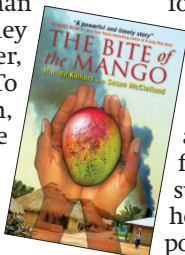
But they're not. Sierra Leone saw children commit some of the worst atrocities in the war that ended in 2002. Tens of thousands of young people were killed, maimed, raped and recruited by various rebel groups, including the Revolutionary United Front. Worldwide,

the UN estimates that there are about 250,000 to 300,000 child soldiers at any given time.

Williams has been very active in Sierra Leone's peace-building process. His newest project involves former child soldiers reaching out to the villages in Sierra Leone. "It would be an apology, a way we can say we take responsibility for what we did, and how do we move forward together," says Williams.

"It will be challenging," Kamara concludes. "There are many amputees from the war still suffering with their health and with poverty. But we need to do whatever it takes to make sure war doesn't happen again."

Susan McClelland is an award-winning magazine journalist based in Toronto. *The Bite of the Mango*, her first book, has been nominated for an American Library Association, young adult, non-fiction book of the year.



## Letters

Shahnaz Azarbehi, TORONTO

I have been a Liberal supporter for the more than 25 years, but have stopped voting since the last two elections because of sheer fatigue.

Look at all our parties and their candidates — an old boys' league. We need new blood, new ideas, fresh perspective, charisma. Someone we would be proud of, to represent us both nationally and internationally.

Michael Ignatieff is going to do no magic — the man reeks of high-class arrogance. And why is Bob Rae even being considered after what he did to Ontario when he was NDP? With one of these two heading the Liberal Party, I know I will not be voting for a long, long time.

Sarah Sonne, VANIER, ONT.

I am a 25-year-old Canadian woman. I am writing to commend the Conservative Party for passing Resolution P-207 (on protection for pregnant women) at their policy convention

recently.

Passing legislation that recognizes the injury or death of an unborn child during an attack on a pregnant woman is something that will secure my vote for, and trust in, the Conservative Party.

I am looking forward to the day when I can be pregnant and know that my decision to keep my child is respected and my unborn child is fully protected.

Thank you for listening to my voice, and the voice of many other young women, and making it party policy to protect us in the way we, as young and pregnant women, want to be protected.

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**Gates' fund raises stakes in Mexico drinks companies**

Billionaire Bill Gates' investment firm, Cascade Investment LLC, has increased its stakes in two Mexican beverage companies, according to a filing with the U.S. Securities and Exchange Commission. **REUTERS**

**11**

# Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

## Recession risk on the rise: Carney

**The Bank of Canada sees a greater risk of recession in Canada than it did just one month ago as the global financial crisis rips through the economy, BoC Gov. Mark Carney said yesterday.**

In a speech in London, Carney repeated that the central bank would likely have to cut its benchmark interest rate further to keep the export-reliant economy afloat in the face of a global recession and what he called a "consumer recession" in the United States.

"Starting from flat growth in the first quarter of 2009 and the second quarter of 2009 ... recession is a possibility for Canada," he said after his speech.

In the bank's latest outlook in October, it forecast the economy would grow 0.8 per cent in the third quarter of this year before contracting 0.4 per cent in the final quarter and staying flat in the first quarter of next year.

**REUTERS**

## Scotiabank's Q4 warning puts heat on banks

**STOCKS** Shares of Bank of Montreal, Bank of Nova Scotia and Canadian Imperial Bank of Commerce led Canadian banking stocks lower yesterday morning, as analysts said big securities-related writedowns loom in their upcoming quarterly reports.

After markets closed on Tuesday, Bank of Nova Scotia said it would take a hit of \$890 million before tax in its fourth quarter on trading losses tied to bankrupt Lehman Brothers Holdings, as well as lower securities and derivatives valuations.

**REUTERS**

### Business in brief

**TSX** The S&P/TSX composite index closed down 345.17 points at 8,490.56 yesterday, its

lowest level since 2004, in a selloff led by resource and financials issues on gloomy

news from the banking sector.

**AUTO** U.S. auto executives

pleaded yesterday for a second day for \$25 billion US in government aid, but legis-

lators tried to fashion a last-minute compromise bill that could pass muster. **REUTERS**

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Don Wakamatsu became the first Asian-American manager in Major League Baseball history when he was hired yesterday by the Seattle Mariners. Wakamatsu was bench coach for the Oakland Athletics last season. Before that he spent five years with the Texas Rangers. **METRO NEWS SERVICES**

# Sports

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## Sports in brief

**WHL** Martin Jones of the Calgary Hitmen has been named ADT CHL Goaltender of the week for the week. Jones posted a 3-0-0-0 record this past week, allowing just three goals on 66 shots.

**NLL** The Calgary Roughnecks signed forward Kaleb Toth to a one-year deal yesterday. Toth, a 31-year-old Calgary native, has played for the Roughnecks since 2001. **METRO NEWS SERVICES**

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## Two Stamps have eyes on more hardware

DAN TOTH  
for Metro Calgary

**The Calgary Stampeders are focused on the Grey Cup, but two players — QB Henry Burris and placekicker Sandro DeAngelis — could get their hands on two trophies.**

While the Stamps will face the Montreal Alouettes in Sunday's Grey Cup, Burris has also been voted the West nominee for Most Outstanding Player and DeAngelis will represent the West as top Special Teams player for the Canadian Football League Awards tonight in Montreal. "Individual awards are great but 30 years down the road nobody will know who won the MVP, all they'll remember is who won the Grey Cup in 2008," Burris said.

"So that's why the game is so much more important to me than personal awards.

"I didn't want to get on any plane without my comrades. I'm just so excited to have the entire team going with all of us trying to get that champagne bath and that's what it's all about for



Burris set numerous career highs in 2008.

me." This is the first time Burris, 33, has been selected as a division nominee as Most Outstanding Player after his finest year in pro football.

Burris led all CFL quarterbacks with a 13-5 win-loss record during the 2008 regular season, including an 8-3 mark against teams with a winning record.

Burris set career highs for

passing yardage (5,094), touchdown passes (39), completions (381), completion percentage (64.5) and touchdown-to-int. ratio (39:14). He also led all quarterbacks with 595 rushing yards.

DeAngelis entered 2008 as the most accurate kicker in CFL history and increased his accuracy rate by converting a league-high 50 of 58 field goals for an 86.2 percentage.

"Hopefully the voters look at my complete body of work and decide which guy should be the winner," DeAngelis said.

DeAngelis led the league with a career-high 217 points. This is the second time he has represented the West Division as the special teams nominee and has been a West Division all-star in all four of his CFL seasons.

## The nominees 2008 CFL Awards

- Outstanding player, West: **Henry Burris, Calgary.** East: Anthony Calvillo, Montreal.
- Outstanding Canadian, West: Kamau Peterson, Edmonton. East: Ben Cahoon, Montreal.
- Defensive player, West: Cameron Wake, B.C. East: Doug Brown, Winnipeg.
- Offensive lineman, West: Gene Makowsky, Saskatchewan. East: Scott Flory, Montreal.
- Outstanding rookie, West: Weston Dressler, Saskatchewan. East: Prechae Rodriguez, Hamilton.
- Special teams player, West: **Sandro DeAngelis, Calgary.** East: Dominique Dorsey, Toronto.

## Lombardi a modern-day (Too Bad) McAdam

The Flames picked up a journeyman in 1981 by the name of **Gary (Too Bad) McAdam**. Great team player, Too Bad was. Skated like the wind, Too Bad could. Energy? Too Bad had tons of it.

Problem was — and this is how his nickname came about — Too Bad couldn't bury a puck if his career depended upon it.

Here comes McAdam down the wing ... around the defenceman ... shoots ... just wide. Here comes McAdam alone on goal ... shoots ... oh, hits the post.

Every team had the same

thought about Too Bad: Wow, what a great skater. It's bound to turn into offence eventually. For all the chances McAdam generated with his blazing speed, he never had a 20-goal season.

The attributes and frustrations of McAdam are embodied in the uniform of sweater No. 18. **Matthew Lombardi** is Calgary's tribute to Too Bad McAdam.

He can skate faster than any player in the league, yet doesn't have the finishing ability to generate offence, even when given ample opportunity on the top two

The **HockeyNews**



lines. Lombardi is close to returning from a shoulder injury and the question now is where to slot him. He has already proven he can't produce consistently centring one of the scoring lines. Moreover, it would be a mis-

take to take the ball away from **Dustin Boyd** in that role. **Craig Conroy** and Wayne Primeau fill serviceable roles on the third and fourth lines.

So where does that leave Too Bad Lombardi? Maybe it's time to try him on a wing, spelling the unproductive **David Moss** and **Eric Nystrom** on occasion.

Lombardi can still serve an important role for the Flames, but it's too bad it will never be in an offensive capacity.

**The Hockey News**  
[thn.com](http://thn.com)

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### How to CHOOSE YOUR NEW 'DO

*Changing your hairstyle doesn't have to turn into a hair-raising experience — just make sure you follow a few simple styling rules.*

When it's time for a new hairstyle, it's important for the cut and length to fit the shape of your face and your own personal style. Here are some tricks to finding the right 'do for you.

Those with round faces should keep their locks relatively long, mid-neck or longer, and height on top to lengthen

the face. Fullness on the sides will have the opposite effect and make your face appear shorter.

As for long, slender faces, blunt (equal length) cuts can be very interesting. Try an ear-length haircut with more volume on the sides to make your face look fuller. Bangs will shorten the length of your face and add an element of softness.



(continued online...)

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# Holiday Shopping Guide I

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

## Toast to the host



Wolf Blass 2005 Yellow Label Original special 40th Anniversary blend of Cabernet, Shiraz and Merlot, \$24.95.

Green & Black's Organic Chocolate collection. Includes Organic Hot Chocolate, \$10.99; Green & Black's Unwrapped cookbook, \$24.99; and chocolates, \$3.69-\$24.99. Available at Shopper's Drug Mart, Whole Foods and more.

Glenfiddich Tasting Collection, \$72.95. Includes Glenfiddich 12 Year Old, 15 Year Old and 18 Year Old single malt scotch whisky.



Stacking Snowman with Candy, \$14.99 at Canadian Tire. For more, go to [canadian-tire.ca](http://canadian-tire.ca).

Gluckstein Home Fete Tea Set, far right, \$6.99-\$29.99, and Gluckstein Home Fete Dinnerware, \$6.99-\$9.99. Available at The Bay. For more, go to [hbc.com](http://hbc.com).



Ceramic Peppermint and Gingerbread Cocoa Pot, \$19.99, and ceramic Peppermint and Gingerbread Mug with Lid and Spoon, right, \$12.99. Both available at Hallmark. For more, go to [hallmark.ca](http://hallmark.ca).



## Gifts that pamper



From left: Palmer's Cocoa Butter Formula Lotion, \$5.99/250 mL; Palmer's Cocoa Butter Formula Jar, \$5.99/100g; and Palmer's Cocoa Butter Formula Concentrated Cream, \$3.99/100g. Available at Wal-Mart, Shopper's Drug Mart and Pharmaprix.



Magnolia Necklace by Foxy Originals, \$36. Available in black and brown at [foxyoriginals.com](http://foxyoriginals.com).



From left: Cake Walk Triplemint Foot Creme, \$8 (currently on sale); Milk Made Hand and Cuticle Buffer, \$18; and Milk Made Velveteen Hand Creme, \$18. Available at Indigo Chapters, Sephora, The Bay and [cakebeauty.com](http://cakebeauty.com).

The Winter Trend make-up range from The Body Shop, \$14.50-\$24.50. Includes sparkle eye palette, centre, \$24.50; sparkle lip gloss, right, \$16.50; and sparkle roller ball, far right, \$14.50. For more, go to [thebodyshop.ca](http://thebodyshop.ca).



Enchantress Beauty Kit, by Foxy Originals and Smashbox, \$45. Includes silver pendant necklace, lip enhancing gloss, and much more. Available online only at [smashbox.com](http://smashbox.com).



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## Holiday Shopping Guide I



This year, Elmo Live (\$69.99) is expected to be a big hit.

# Creative toys, games tops

Big-name toys expected to fly off shelves as well this season

**BRIAN TOWIE**  
brian.towie@metronews.ca

**This holiday season, it's all about toys that amuse and engage, say experts on both sides of the border.**

As parents make beelines to their local department stores this shopping season, they'll likely find toys that encourage hands-on learning side by side with the Bratz and Star Wars playsets. Construction sets, collectible card games and interactive DVD games are all becoming part of the fun.

"We've got educational toys, we've got learning to read toys, we've got building toys, imagination

toys," Jeff Hurst, president of the Canadian Toy Association, said at a Nov. 3 media conference in Toronto previewing some of the hot toys for the holidays. "I certainly think we've got a good representation of what's going to be on the Christmas list as we go into this year."

The association expects the season's big sellers to include Struxx Robotrixx, a construction set where kids can build roaring motion-detection dinosaurs out of rods, balls and sockets, and Disgusting Digestion, a science kit of bile-inducing experiments that educate the user about the human digestive system.

Kathleen McHugh, president of the Chicago-based American Specialty Toy Retailing Association, expects trends to lean toward more creative, open-ended toys. In an economy where parents are feeling the pinch, she says, a new focus is on toys with longer-lasting value.



Bratz World House Play Set, \$44.99.

"More is not the answer to everything. There's going to be a return to quality over quantity," she said. "The right kind of toy will do different things. Board games will also prove popular. Because of the consumer situation, more families will be spending time together at home. There are a lot of great board games out there to do that."

Those looking for more mainstream — and more expensive — toys will not be disappointed. Elmo Live, an interactive version of the Sesame Street Muppet that

sings and tells jokes, Bakugan Battle Brawlers, a collectible strategy game of cards and pop-up robots, and Bratz World, a mix-and-match fashion playset, are among the items expected to fly off the shelves this year.

"We believe Elmo Live is going to do well this season," says Donna Polimac, a senior marketer for Fisher Price, which is parented by Elmo Live-maker Mattel. "With seven times the content of Tickle Me Elmo, it's probably going to be our biggest seller."

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## All for fun



My Tagalongs' 911 Tin, which includes a sewing kit and nail file. Available as part of the Emergency Valet, \$30, at The Bay.



Vancouver 2010 jersey bib set, \$18. Available online at [vancouver2010.com](http://vancouver2010.com).



Chocolate Santa bath bomb, \$6.95. Available at Lush, [lush.ca](http://lush.ca).



Hello Kitty humidifier, by Crane, \$49.99. Available at Home Outfitters.

Vancouver 2010 plushies, \$25-\$40. Available online at [vancouver2010.com](http://vancouver2010.com).





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The Scene It? Seinfeld DVD Game (\$39.99) tests your knowledge with real clips from the "show about nothing" as you answer trivia questions and race around the game board to win. Visit [toyexpress.ca](http://toyexpress.ca). METRO NEWS SERVICES

## Holiday Shopping Guide I

# Gift ideas big and small for the tech savvy

RICK MCGINNIS  
rick.mcginis@metronews.ca

### HP TouchSmart IQ816 computer (\$2,199)

There's not a lot of zing in the desktop computer market these days, though HP's TouchSmart line is an exception — the first practical consumer machine that delivers on the whole 2001: A Space Odyssey vibe that we've been wishing for since the first consumer Windows machines hit the market 20 years ago.

The IQ816 has a massive 25.5 inch screen, with everything but the power supply built, iMac-style, into the back. There's a wireless keyboard and mouse included, but they're vestigial appendages, since you're supposed to use the touchscreen as your main user interface. It actually works — a vast improvement over the first generation of

TouchSmart machines that's built around big icons and widget-like applications.

I set the machine up as a family computer in our kitchen, where the kid immediately took to the touchscreen interface to play games, while their parents quickly configured it to deliver news and weather info on startup in the morning. It made a quick

wireless connection with the main computer downstairs so we could play videos effortlessly. On a more mundane note, the touchscreen makes computer solitaire utterly addictive.

### Toshiba Qosmio X300 notebook (\$1,999)

There's nothing subtle about the X300; with its flamed red and orange metallic finish and array of totally unnecessary red LEDs, it takes its

design cues from hot rods, not space ships. It's not restrained inside either — there's an unlocked and therefore overclockable Centrino X9100 3.06 GHz processor and an NVIDIA 9800M graphics card, which translated into normal person means it's fast. It's a gaming laptop, with four USB ports and an HDMI out, in case you're not jazzed enough about the 17 inch LCD widescreen.

There are also dual hard drives totalling 640GB and a 5.1 Altec Lansing speaker system. Toshiba is a Blu-ray refusenik, so the drive is regular DVD, and the screen has that super-glossy finish that means you'll be seeing your own face in the shadows when watching movies. Apart from these quibbles, this is the monster (4.12 kg!) desktop replacement machine every boy dreams about.

### LG P300 notebook (\$1,799)

On the other end of the scale there's this very light (1.6 kg) laptop, with its sleek lacquered finish and 2.26 GHz Intel Core Duo processor. The screen is just a 13.3 inch LCD, but there's an HDMI output so you can use it to power your flat panel. You might also want some outboard speakers to supplement the pallid ones built into the P300. The slim profile and light weight is mostly due to the DVD drive being provided as an outboard accessory. There's 2 GB of ram and a 320 GB hard drive as well as Bluetooth connectivity, which should help justify the rather impressive price tag.

### Accessories

Belkin has couple of laptop pads that range from the active to the passive. The Cushtop (\$34.99) is an attractive little upholstered lap desk for your notebook that includes a slot to slip

the machine when not in use. The Laptop Cooling Lounge (\$39.99) is probably the perfect accessory for a gaming laptop like the Qosmio X300 — an adjustable plastic stand that includes a USB-powered fan to help draw the heat away from your overclocked chipset, out the sides and away from your once-toasty lap.

Microsoft has persevered with mouse technology, releasing the Blue Track mouse in desktop and notebook sizes (\$89.95 and \$69.95 respectively). It's a wireless unit that's supposed to be able to track on any surface, including carpets and glossy stone, and it lives up to the hype. They've also revamped the design of their webcams with the 2 megapixel Life-Cam Show (\$99.95), a discrete little pill of a unit that comes with a variety of mounting options, including stick-on magnets, a clip, and a stick-like stand in case

your monitor is too thick or too pretty.

HP's C6380 all-in-one printer/scanner (\$199.99) adds wi-fi connectivity to its range of features, neatly networking with your range of desktops and laptops by either the standard USB cable, through an Ethernet port on your router, or wirelessly. It sets up without a fuss, has a dedicated tray for 4x6 prints, and comes with software that lets you create PDF copies of documents for e-mailing.

Finally, I've spent the last two months with Crumpler's cutely named Dreadful Embarrassment laptop bag (\$95). It's a messenger-style affair with room for up to a 17 inch laptop, and plenty of room for accessories, magazines, pens and a cup of microwave soup for lunch. Like most of the Crumpler line, it's assertively colourful, and miles better-looking than the usual uptight laptop bag.

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## Holiday Shopping Guide I

# Shop like Scrooge

BRIAN TOWIE  
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**The recent economic downturn may just prove beneficial to Canadians looking to save some cash this Christmas season.**

The fallout from world-wide market crashes has forced shoppers to scale back their spending habits. While Canada hasn't taken the hit as badly as its neighbour to the south, the saving trend will continue through the holidays as families expect their financial situation to deteriorate, experts say. An October survey by the Conference Board of Canada shows that consumer confidence is at its lowest level since 1982.

Retailers must rise to the challenge, says Derek Nighbor, senior vice-president of national affairs at the Retail Council of Canada. Along with economic realities, there's a psychological impact. A shopper, even if they're flush, will stay tight with the buck in tough times. Stores will have to make adjustments to lure in customers, which often means deeper discounts at the cash register.

"Anytime consumer confidence is low you're going to see some drop-offs, so retailers will have to fight harder to attract traffic," he said. "What they'll often do is designate loss leaders — selling selected items at a



A shopper looks for bargains beside a 25 per cent off-sign in Macy's on Dec. 27, 2006, in New York City. Retailers are hoping that after-Christmas shoppers will help them regroup after a somewhat disappointing holiday shopping season thus far.

loss to get people into the store. Once customers are there, they might buy a few more things."

Discount-oriented merchants stand to gain the most, says Nighbor, and if you're looking for a deal, you may want to reconnoiter with your local mom-and-pop shops. Such establishments are often on a first-name basis with their clientele and can be more flexible in their marketing. Don't expect steals at electronics retailers — Nighbor adds technology items are becoming necessities and not wants.

You may not find any deals in the toy section either. No matter what the economic situation may be, parents will splurge on their child at Christmas,

says Elizabeth Evans, director of the Ted Rogers School of Retail Management at Ryerson University.

"Christmas is a season where we celebrate giving gifts to children," she said. "Parents like to buy things for their kids. Toys would be one of the last things they'll cut back on."

And don't those toy manufacturers know it. Reidin Goode, senior marketing manager of the girls division at Mattel Canada, says her company is undeterred by the downturn. She predicts a successful year, particularly in its Barbie lines.

"We're continuing to infuse innovation and a new freshness," she said. "We're banking on a really great Christmas."

## Steven and Chris' holiday tips

BRIAN TOWIE  
brian.towie@metronews.ca

You can host a fabulous holiday party on the cheap and Steven and Chris have some tips on how to do it.

Steven Sabados and Chris Hyndman, hosts of CBC Television talk show Steven and Chris, talked with Metro about how to entertain your family and friends without going over budget in tough financial times.

"This year of all years, Christmas is not about the presents but about the people who count," said Hyndman.

Stick to the basics when you throw a seasonal soiree, says the decorating duo: Ask guests to bring their

**"Christmas is not about the presents but about the people who count."**

Chris Hyndman

own booze and formal attire (they note people love to dress up), and above all else, don't sweat the small stuff. "The less stressed you are about having a Christmas party, the more fun it will be," notes Hyndman.

Sabados says dimming your lights and lighting some candles creates an intimate and sophisticated atmosphere. You don't even need to deck all your halls. Focus on the living room to decorate — a beautiful centerpiece or the right floral arrangement can help.

"Paperwhites are the all-time favorite bulb for indoor forcing," the pair writes via e-mail. "Their large clusters of pure white flowers and their sweet,

musky smell make them a holiday favourite. Plant bulbs in decorative pots a week apart (to ensure at least one pot is blooming when you need them) in late November and early December. They will flower in 4 to 6 weeks with seldom a miss and you'll feel better knowing that your fresh holiday flowers are taken care of well in advance."

You can also keep a simple spread for your hungry party-goers, says the pair. Pan-fried nuts and small pastries can fill bellies for relatively little money and effort, or get creative with Sabados' chocolate lasagna, which serves 6-8.

### Next week's lineup

**GIFT GUIDES** For a roundup of holiday CDs, and much more, pick up Metro's next Holiday Shopping Guide on Nov. 27.

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### On the web

• For a recipe of Steven's Chocolate Lasagna, please visit [metronews.ca](http://metronews.ca).



# Metro Homes



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EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

## Bubbling over in the 'burbs

Home spas still a splashy must-have for homeowners after a half-century

After 50 years on the market, home hot tubs are now enjoying overnight success status as Albertans acquire the disposable income, living space and the respective weary bones in need of a thousand tiny bubbles to massage those aches away. Showrooms around Calgary are seeing plenty of traffic and many of those tire kickers are coming back with cheque-books and design plans in hand.

Globally and through the ages, communal hot springs and baths have provided relief, relaxation and comfort to rich and poor alike. In 1956 the Jacuzzi brothers applied the healing properties from ancient Roman baths to a family member's arthritis symptoms with a hydrotherapy pump. With modifications and modern detailing, we arrive at the kind of snazzy selection of home spas one might expect at a prestige auto dealership.

A luxury item, clearly, but given the aggressive work



Hot tubs are cropping up in Albertans' homes more and more these days.

ethic of Calgarians, Darren Jordison, general manager of Jacuzzi Premium Spas of Calgary, sees it as a just reward. "People are so wound up. It's simplistic for me to say that hot tubs make your life better — but they do!" he says. The combination of warmth, weightlessness, and gentle friction from the bubbles or water jets is said to break down the buildup

of lactic acid caused by stress or anxiety. Circulation is improved with the opening of blood vessels, the muscles around arthritic joints are relaxed, and the endorphin flow increases.

Customized jets to target muscle groups or specific physical concerns are features available with today's hot tubs. And major manufacturers, like Jacuzzi and

like Cal Spas sold through Harbour Spas Home & Leisure, provide a huge variety of seating configurations to suit purposes such as regular hydrotherapy treatment, entertainment centres for parties, or as a space for families to relax and rejuvenate together. Cal Spas are proud of the ergonomic therapy seats available where the "perfor-

mance jets" are lined up with your aching neck, back or even calves.

Meanwhile, Jacuzzi's patents on the PowerPro jets and other advancements in pump systems not only deliver the "ahh" factor, but they also work in conjunction with other design standards to continually address customer fears of the cost and maintenance of a home spa. In fact, having the luxury of a home spa is much cheaper than you might think.

"I can't stress this enough," says Jordison, adding, "(but) you need the right insulation." He explains that by using 100 per cent foam insulation in the tub, the unit holds heat better so you're not using as much energy to keep the water hot and you're not replacing heating elements either. He says the cost to run a Jacuzzi hot tub for 30 minutes a day at 102 F in Alberta is between \$5 and \$28 a month. On top of that you have a system with a lower power, but more efficient

and quiet motor in the pump. "You don't want to listen to rattle and hum unless it's rock and roll," says Jordison.

The new generation of hot tub owners get all the value-added features you'd expect in a "lifestyle" purchase. First on the must-have list from Jacuzzi is the CD stereo system with waterproof speakers, MP3 or iPod hook-ups in some units, and a remote control built into the system. Harbour's Cal Spas have the auto-rising and auto-storing 20-inch LCD TV and 42-inch plasma screen — a sure hit with soakers who enjoy watching sports or movies.

Coloured waterfalls, underwater disco lights, LED trays, glasses and pillows, and scent treatments that won't harm the units are also among selling options that conspire to turn anyone who dares take a test drive/soak in one, into a hot tub wannabe owner.

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## Site redesign unearths real estate addiction

Her name is Briana, and she's an addict, a point she freely admits — promotes, even — online. Her addiction, though, isn't one likely to cause the typical ills associated with junkiedom — the dissolution of relationships, loss of career, or even physical harm (though her mouse-click finger gets a little stiff

sometimes).

Online, Briana (her last name is Tomkinson) sporadically maintains a blog called MLS Addict, broadcasting her affliction: a devotion beyond reason to MLS.ca, the website maintained by the Canadian Real Estate Association which lists properties for sale nationwide (MLS stands for

Multiple Listing Service).

According to Comscore, which tracks web traffic, MLS.ca garners three million unique hits every month. When the site relaunched last month with a confusing array of new features, the response revealed what Tomkinson always knew: Her kind are legion. And, says Bob Linney

of CREA, they were angry.

"Since (the relaunch), we've gotten 16,000 e-mails either complaining or asking for help," Linney sighs.

CREA is trying to iron out the rough spots for a quiet reintroduction of the new site, redubbed Realtor.ca, today.

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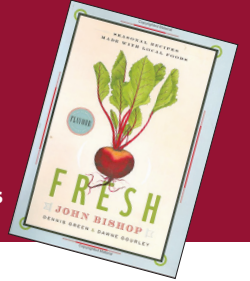
Dish entertains: Everyday Simple to Special Occasions by Trish Magwood (HarperCollins Publishers Ltd.) took the silver prize at the 11th annual Canadian Culinary Book Awards. **METRO NEWS SERVICES**



# Food

**Fresh: Seasonal Recipes Made with Local Foods by John Bishop and Dennis Green won the Gold award at the 11th annual Canadian Culinary Book Awards.**

Metro News Services



EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

# Put this on your plate, mate

## À la carte

**Barb Holland**

Metro Food Writer

Like Canada, immigration has brought a world of cultures and cuisines to Australia. Celebrity chefs, cookbook authors and food writers have also been influential in creating a "Mod Oz" cuisine. Add wonderful seafood, plenty of produce and grazing land, and Australia has become one of the most diverse and cosmopolitan places in the world to eat.

Donna Hay is Australia's leading food stylist, food editor and best-selling cookbook author. Her food, recipes and styling focuses on basic ingredients, simply prepared and beautifully photographed. Her 16 cookbooks have sold more than 3.3 million copies and have been translated into nine languages.

Hay is the publisher of *donna hay* magazine, a bi-monthly food magazine with tremendous local success and far-reaching international appeal.

## Lemon Pork and Roasted Vegetables

This recipe is adapted from one of Donna Hay's latest series of six cookbooks, *Simple Essentials*, Beef, Lamb + Pork (HarperCollins Publishers Ltd).



This recipe, Lemon Pork and Roasted Vegetables, is adapted from one of Donna Hay's latest series of six cookbooks, *Simple Essentials: Beef, Lamb + Pork* (HarperCollins Publishers Ltd).

The photograph shows fingerling potatoes but regular white potatoes will roast up nicely with the pork in this one dish dinner. As fresh lemon thyme is difficult to find this time of year, try regular thyme or a pinch of dried thyme leaves and a little grated lemon zest. Makes 4 servings.

### INGREDIENTS:

- 4 fingerling or medium white potatoes, scrubbed
- 4 unpeeled garlic cloves
- 2 tbsp (30 mL) olive oil
- Salt and pepper
- 1 large (1 lb/500 g) pork

tenderloin, cut into 4 pieces

- 4 slices pancetta
- 4 sprigs fresh lemon thyme
- 1 pint cherry tomatoes (about 2-1/2 cups/625 mL)

### METHOD:

Preheat oven to 400°F (200°C). Cut fingerling potatoes in half lengthwise or regular potatoes into wedges. Toss potatoes and garlic in oil. Place in a large baking dish; season with salt and pepper. Roast 20 minutes.

Top each piece of pork with 1 slice pancetta and a thyme sprig. Tie with

kitchen string. Add pork to pan and roast 10 minutes. Add tomatoes and cook another 10 to 15 minutes or until pork is cooked through and potatoes are tender and golden. Push garlic out of skins and serve with pork, potatoes and tomatoes.

### MORE ...

Other influential chefs and food professionals from "down under":

• **Bill Granger** has three restaurants, bills, in and around Sydney, plus five cookbooks and two TV series, bills food, to his credit. As one of Australia's

leading food writers, Bill Granger is a regular contributor to Australian and British food publications. His style is fresh and easy going yet comforting. His unfussy recipes use readily available ingredients and appeal to busy cooks everywhere.

• **Neil Perry** is an Aussie super chef. Owner of Rockpool, one of Sydney's (since 1989) and more recently Melbourne's most highly acclaimed restaurants, he sources the finest locally produced ingredients and prepares them exquisitely. Author of five

cookbooks, (not all available in Canada) *Rockpool*, *Balance & Harmony*, *Simply Asian*, *The Food I Love* and *Good Food*, Perry's modern cooking is widely regarded.

• Author of four cookbooks, *Spice*, *Christine Mansfield Originals* and *Christine Mansfield Desserts*, **Christine Mansfield** is another of Australia's celebrated chefs. Inspired by strong flavours, her latest book, *Stir* (Penguin Books), provides recipes for making 14 basic preparations such as green and red curry paste, harissa and preserved lemons; and over 100 recipes using those preparations as the basis. She also produces a range of spice pastes and condiments under the label *Christine Mansfield Spice Collection*.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

## New arrival

• Ex-pat Australians and Canadian chocolate lovers will celebrate the arrival of Australia's favourite biscuit: *Tim Tams*. Launched in 1963, the chocolate biscuit sells nearly 35 million packs per year in its native land. The popular treat is now available in major grocery and drug stores across Canada, including IGA and Sobeys.



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# When life gives you lemons ...

The Complete Canadian Living Baking Book, the newest offering from the trusted Canadian Living Test Kitchen and Elizabeth Baird, is the gold-standard, go-to book that Canadian bakers can depend on.

Filled with mouth-watering recipes and instructive step-by-step photographs of baking techniques, the book is written specifically for the home baker. It begins with a special introductory chapter on ingredients, equipment and techniques and progresses through seven recipe chapters, each centred around a specific baking category. From cookies to cakes to pies to spoon desserts, there's something for every skill level and palate.

Canadian Living offered Metro a recipe for these unbeatable treats:

## Lemon Cheesecake Bars

A middle cream cheese layer makes these a change — for the better — from the usual lemon squares.

### INGREDIENTS:

- 4 eggs
- 1 1/4 cups (300 mL) granulated sugar
- 2 tbsp (25 mL) finely grated lemon rind
- 1/2 cup (125 mL) lemon juice
- 1/4 cup (50 mL) all-purpose flour
- 1 tsp (5 mL) baking powder
- 1 tbsp (15 mL) icing sugar

### Cheesecake layer:

- 1 pkg (8 oz/250 g) cream cheese, softened
- 1/4 cup (50 mL) granulated sugar
- 1 egg

### Base:

- 30 lemon social tea cookies
- 1/2 cup (125 mL) butter, melted

### METHOD:

Line 13- x 9-inch (3.5 L) metal cake pan with



EDWARD POIND PHOTO

Remember to let bars cool completely before cutting for the neatest possible squares.

parchment paper or grease; set aside.

**BASE:** In food processor, whirl cookies to make 2 cups (500 mL) crumbs; pulse in butter until moistened. Press into prepared pan. Bake in centre of 325°F (160°C) oven until firm, about 12 minutes. Let cool in pan on rack.

**CHEESECAKE LAYER:** In bowl, beat cream cheese with sugar until smooth; beat in egg. Spread over

base; set aside.

In bowl, beat eggs with sugar until thickened. Beat in lemon rind and juice, flour and baking powder until smooth; pour over cheesecake layer. Bake in centre of 325°F (160°C) oven until edges are set and lightly browned, about 35 minutes. Let cool in pan on rack. (Make-ahead: Remove from pan; wrap and refrigerate for up to 5 days or overwrap in

heavy-duty foil and freeze for up to 1 month.) Cut into bars; dust with icing sugar.

### Tips:

- Hold an offset or rubber spatula as parallel to the surface as possible as you spread the filling evenly over the base.
- Let bars cool completely before cutting.
- Lift uncut bars out of pan using parchment paper liner as handles.

- Place on cutting board.
- With long knife, trim off edges to neaten up.
- A ruler is helpful so all pieces are the same size.
- For 13- x 9-inch (3.5 L) metal cake pan, cut crosswise into quarters. Cut each quarter in half lengthwise, then cut crosswise into fifths to make 10 squares.
- Keep a wet, wrung-out cloth handy to wipe knife clean between cuts.

## On the web

### Need more?

- You've got lemons, now try orange: Orange Sour Cream Bundt Cake, another fabulous recipe from The Complete Canadian Living Baking Book, is available at [metronews.ca](http://metronews.ca).



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**Online**

Cooking For Friends by Gordon Ramsay (hardcover) is available at Amazon.ca for \$22.02 or in stores for \$34.95. **METRO NEWS SERVICES**

# A friend in need is a friend to feed

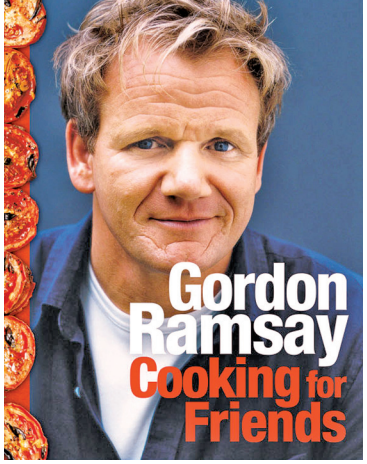
Celebrity chef Gordon Ramsay offers these dishes for your loved ones

**Gordon Ramsay — a man that needs no introduction — lives life in the fast lane, travelling the world to foster his many hugely successful business enterprises and to film his highly acclaimed TV series.**

**But despite the commitments of a busy work life, he has always believed that families should sit around their tables to eat together as much as possible. In *Cooking for Friends*, Ramsay shares more than 100 inspiring and well-constructed recipes that he loves to cook (and eat) when he's off duty. Harper Collins Canada gave Metro this recipe:**

## Coffee and Almond Crunch Cake

For me, this is the definitive cake to have with coffee or tea. It is all-at-once tender, moist and crunchy. It keeps well for several days in a cool part of the kitchen. Some people like a dollop of lightly sweetened mascarpone on the side, though, for me, it's



perfect on its own.

### INGREDIENTS:

#### Cake:

- 170g unsalted butter
- 170g caster sugar
- 3 large eggs, lightly beaten
- 1/2 tsp almond essence
- 100g ground almonds
- 4 tbsp cooled espresso or strong coffee
- 100g self-raising flour
- 1/2 tsp baking powder

#### Crunch topping:

- 60g plain flour
- 40g light brown or demer-



Gordon Ramsay's Coffee and Almond Crunch Cake is all-at-once tender, moist and crunchy.

ara sugar  
• 40g cold unsalted butter, diced

### METHOD:

Preheat the oven to 150C (300F). Butter and line the sides and base of a tall-sided 20cm cake tin with a removable base. For the

crunch topping, mix the flour and sugar in a bowl and rub in the butter until it resembles coarse bread crumbs. Set aside.

Cream the butter and sugar in a large mixing bowl using a hand-held electric beater until light and fluffy. Beat in the eggs, a little at a time, until fully incorporated. Add the almond essence and mix well. Fold in the ground almonds, followed by half the espresso. Sift in the flour and baking powder together and fold this through the wet mixture. Finally, fold in the remaining espresso.

Spread the mixture into the cake tin and level with a spatula. Sprinkle the crunch topping evenly over the top.

Bake for 50 to 60 minutes until the top is golden brown and a skewer inserted into the cake comes out clean. Remove from the oven and leave to cool slightly before unmoulding on to a wire rack, peeling away the baking parchment.

When completely cooled, dust with icing sugar, then cut into slices to serve.

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# Style



## 90210 inspires hot shades

Can't get enough of the hottest zip code in North America? Well now fans of the hit TV show *Beverly Hills, 90210* can add some chic California style into their own lives with three nail lacquer shades inspired by the lead female characters on the show — Silver, Annie and Naomi. The 90210 by OPI collection includes Pretty & Privileged (ruby red), left, Queen of West Web-erly (purple shimmer), Sweet as Annie-thing! (lollipop red). Available beginning January 2009 at professional salons and spas for \$9.95.

METRO NEWS SERVICES

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

# Liven up the season with colour

## holiday dresses

I am just like everyone else when it comes to holiday parties, I either pull out one of my six LBDs (little black dresses) or shop for another one. So I thought this year instead of looking for a LBD with a different cut, I'm going for a completely different colour and I think you should too. Let's liven up the holiday parties this season with dashes of colour and cute flirty cuts like these three strapless dresses. The sweetheart neckline (Guess and Maggy London) is my absolute favourite cut for a strapless dress; it's perfect for smaller cup sizes and gives shape and volume to the body. The straight across cut by the Gap is great for women with a bigger cup size, it keeps them in and looks top notch when paired with a jewelled chunky necklace.

**tip:** Have an ink stain on your satin dress or purse? Try using rubbing alcohol to remove the stain. Dab a clean cloth into alcohol and slowly rub out the stain.



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## Style File

**Kim Elbo**



[kim.elbo@metronews.ca](mailto:kim.elbo@metronews.ca)

## ask kim

I'm invited to my boyfriend's family holiday party and it'll be the first time I'm meeting the whole family. I don't want to give off the wrong first impression; can you give me any suggestions?

The safest bet is to go completely conservative. Try a simple black pant with a dressy top or a dress with a modest neckline and length. The fact that you're asking this question means that you care a lot so ask your boyfriend for his opinion as well.

E-mail your style questions to [kim.elbo@metronews.ca](mailto:kim.elbo@metronews.ca).

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.

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## holiday clutches

Glitter and shine your way into the holiday with a jewelled clutch. If you're not one to accessorize or have a completely simple dress and need something to complement it, this is the bag for you. The jewelled clutch comes out every holiday and this year the options are endless from all over jewels like the Banana Republic one to the simple clasp jewel like the BCBG clutch.

## accessory

Call out for an SOS this December and try out the new Sheer Organic Shine by Kiss My Face, \$6.95. It's 100 per cent natural and 91 per cent organic. Available at all major drugstores.



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## GlobalStyle

**Kenya Hunt**



Watches make a comeback, exclusively at [metronews.ca/globalstyle](http://metronews.ca/globalstyle)



**Biel not designing Timberlake bags**

Despite rumours to the contrary, a rep from William Rast confirms to People that it is not true that actress Jessica Biel will be designing handbags for boyfriend Justin Timberlake's denim line. **PEOPLE.COM**

**23**

# Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

**New Boss**

Bruce Springsteen plans to release a new album in January. Working On A Dream was recorded with the E Street Band and features 12 new songs, plus two bonus tracks. **BBC NEWS ONLINE**



## Taylor Swift has no fear

**Taylor Swift****Album:** Fearless**Label:** Open Road/Universal**Rating:** ●●●●●**EVERY NOW**

AND then a mistake happens in the music business and a truly talented young artist manages to sneak past the industry radar and take the world by storm. So it was with Taylor Swift who signed with little known label Big Machine in Nashville. Last year, her song Tim McGraw went straight to the top and stayed there pretty much ever since. She's 18 now, with a second album that's sure to spit out four or five hit singles that will dominate



both the country and pop charts all of next year. Swift writes about the high-school stuff she understands, but in a way that appeals to all ages. A remarkable sophomore effort.

Graham Rockingham/for Metro Canada

**Beyoncé****Album:** I Am... Sasha Fierce**Label:** Columbia/Sony BMG**Rating:** ●●●●●

**WHEN** **BEY-ONCE** **RE-VEALED** she had an alter ego — Sasha Fierce — you couldn't help but roll your eyes. Now, though, she's taken things a step further by releasing a two disc affair, with one side as her sweet, laid-back self and



the other as her more aggressive, sexualized persona. The first half is full of bland, slow-moving adult contemporary pop; the second is loaded with amped-up R&B barnburners.

Bryan Borzykowski/for Metro Canada

**Dido****Album:** Safe Trip Home**Label:** Arista/Sony BMG**Rating:** ●●●●●**ON HER THIRD**

disc Dido treats fans to familiar, subtle, trip-hop vibes and soothing vocals, but with extra strings and atmospheric undertones. She plays it a bit safe — songs move at a glacial pace, and while the lyrics are revealing and honest, they cross

**MusicReviews**

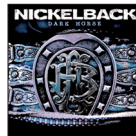
music@metronews.ca

over into cheesiness territory one too many times.

Bryan Borzykowski/for Metro Canada

**Nickelback****Album:** Dark Horse**Label:** EMI**Rating:** ●●●●●**NICKELBACK**

**SEEMS TO** live in a world where all women are Playboy centrefolds who like performing for men until their "legs give out." If you're not into that, then you're a tease who looks best with "something in your mouth." When the men in



I Am... Sasha Fierce is the new album from Beyoncé.

Nickelback World aren't ogling butt, they're hitting bongos and getting drunk "until they fall down." If a friend turns into a junkie, then the rock Gods get all maudlin and write a song called Just Too High. It would be easy to excuse this as harmless immature crap tailored for 12-year-

old boys. But it's not harmless, it's offensive. One last thing — track seven, Never Gonna Be Alone, sounds like the Backstreet Boys playing fuzz guitar.

Graham Rockingham/for Metro Canada



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So You Think You Can Dance Canada™ 19 Entertainment Ltd and Dick Clark Productions, Inc.





Angelina Jolie has confirmed reports that she will replace Tom Cruise in the espionage thriller *Edwin A. Salt*. The film's writers reworked the lead character — a CIA officer falsely accused of spying for the Russians — to be female. **TVGUIDE.COM**

## Sophomore effort debuts at No. 1

**ALBUM** Teenaged singer and songwriter Taylor Swift topped the U.S. album charts yesterday with her second album *Fearless*, according to record label Universal, which has signed an international marketing deal with the star.

Universal Music Group, the world's biggest music company, said *Fearless* sold 592,000 copies in the last week in the United States, making it one of the biggest releases to date this year. **REUTERS**

## In brief

**AWARDS** Comedian Russell Peters has agreed to host the 2009 Juno Awards broadcast for the second time, CBC.ca reports. The ceremony honouring the best in Canadian music takes place March 29 in Vancouver. **REUTERS**

## Story of Austrian legend coming to big screen

**FILM** Cue the William Tell Overture.

British filmmaker Justin Chadwick, who directed Natalie Portman and Scarlett Johansson in the royal romance *The Other Boleyn Girl*, will take the helm of *Ironbow: The Legend of William Tell* for indie producer Spyglass Entertainment.

The story centres on a crossbow marksman who, when he would not bow to Austrian rule, was forced to shoot an apple off his son's head in exchange for freedom.

The local overlord who



Director Justin Chadwick

commanded the act noticed that Tell had a second arrow in his quiver, which Tell told him was meant for the overlord if the son was killed.

Tell was promptly arrested but eventually escaped.

William Tell killed the overlord, sparking a rebellion that led to the formation of the Swiss Confederation.

The Tell legend has been a popular story for screen translation.

The most recent effort was last year's German-language film *Tell*.

Jay Wolpert (*The Count of Monte Cristo*, *Pirates of the Caribbean: The Curse of the Black Pearl*) wrote the script for the Spyglass version. **REUTERS**



Taylor Swift's fascination with boys figures prominently throughout her new album *Fearless*.

# Swift and fearless

Country star opens up about love on new album

IAN NATHANSON  
for Metro Canada

As Taylor Swift released her sophomore effort, *Fearless*, earlier this week, the country-pop songstress is addressing some highly publicized rumours about her circulating in the U.S. media.

One reputedly claims that the 18-year-old is pregnant. Swift's response? False. "I'm really offended by this one," she tells Metro. "I'm not that kind of girl. After reading that, I just sat there thinking, 'What did I do to provoke that?' But then I found out that this kind of thing happens to a lot of girls in this industry — for no reason."

Another rumour alleges she was dating Joe Jonas, the middle sibling of teen heartthrobs The Jonas Brothers. Swift's response?

**"I was never one of those presumptuous hopefuls who thought a career in country music would actually work out for me."**

Taylor Swift

True, but it's over now.

"I've always been very upfront with (Joe) and I've kept the relationship a secret for a very long time," Swift says days after revealing to *People Magazine* and on *The Ellen DeGeneres Show* that the 19-year-old dumped her in October. "I only addressed the issue because I felt I owed it to my fans. I wanted to say, 'Look, you guys weren't crazy, the breakup did happen. I made a few comments on it and now I'm ready to stop giving him my time and energy.'"

Nonetheless, her fascination with boys figures prominently throughout *Fearless*.

Forever And Always may be linked to her split with Jonas.

And Swift explains that another song, *Hey Stephen*, reveals a crush toward a real-life Stephen, whose last name she purposely keeps mum.

"He hasn't heard the song yet so that should make for an interesting phone call," Swift laughs.

"I was never one of those presumptuous hopefuls who thought a career in country music would actually work out for me," says Swift.

"That's why now I feel so blessed that everything's pretty much coming together."

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Flatley to host NBC reality dancing show

Michael Flatley (The Lord of the Dance) has signed on to host NBC's new dance-competition show Superstar Dancers of the World, according to Variety. [TVGUIDE.COM](#)

# It's Showtime for Seth Rogen to develop cable comedy series set in porn shop

## IntelVision



**DIRTY PICTURES:** Showtime looks like the place to go on the dial for pervy entertainment next season, if two new projects pan out.

The ominipresent Seth Rogen — love the guy, but even I'm getting tired of seeing his face — is developing a new comedy about three post-collegiate buddies running a porn shop, according to a Variety story. There's no word yet on who's set to star in the show, which is being executive produced by Rogen and his production partner Evan Goldberg, who worked on the screenplays for Superbad and Pineapple Express.

There's no reason to believe that this can't be good, especially if Rogen and Goldberg can tap into the

**"It's quaint that Rogen and Goldberg have chosen to set their show in a porn shop — the equivalent of a drama about the media being set in a letterpress typesetting shop ... A porn website startup would have been more contemporary."**

strange relationship young men — and older ones — have with porno in what's referred to as the "post-feminist" era. Varying from bored ambivalence to connoisseurship, it's a relationship conditioned by the unprecedented ease with which porn can be consumed today, as well as the likelihood that the young male consumer might find his enthusiasm for porn compromised by scores of young women who'll eagerly cop to sharing his interest, which a lad will have to call a fantasy if he's forced to be honest.

It's also quaint that Rogen and Goldberg have chosen to set their show in a porn

shop — the equivalent of a drama about the media being set in a letterpress typesetting shop. The storefront porn merchant, like the record store and the video rental shop, is a quaint technological anachronism in the digital age; a porn website startup would have been more contemporary, though it might have ended up looking like a cross between NewsRadio and late-night Showcase fare like Porno Valley.

Showtime is also developing a reality TV series about hookers, according to the porn industry website Reverse Cowgirl, with one-time Fox big deal Stephen Chao at the helm. Alas,

Chao — the man behind Cops and America's Most Wanted — is having a hard time casting the show, which plans to rent a Hollywood Hills mansion for the cast to ply their trade.

"The show won't be demeaning or exploitative because, as the director explained it, they're looking to cast working girls without implants," according to the website. Well, that changes everything, doesn't it? There is, of course, the little matter of legality, not to mention the effect celebrity — even the clammy, blush-inducing type that a Showcase adult series might bestow — would have in a profession that usually values anonymity. It's like searching the ranks of Washington lobbyists for the stars of a show provisionally titled The Big Nasty Graft and Earmarks Spectacle of Democracy Gone Rancid.

Rick McGinnis writes about music, movies, books and television, but not opera.

# Big changes in store for Daytime Emmys

**AWARDS** The Daytime Emmys could become a lot less soap-centric next year as organizers — faced with the prospect of ABC and CBS shunning the low-rated telecast — entertain new ideas that could include shifting the show to cable.

The National Academy of Television Arts and Sciences is sifting through bids from two broadcast networks and two cable channels to carry the awards telecast. NATAS president Peter Price said Tuesday a decision could be made by year's end.

He declined to name the networks, though ABC and CBS — which have traditionally carried the ceremony on a Friday night in late May or early June — aren't likely to be in the running. ABC, which carried the telecast this year, isn't interested in doing it again in 2009 after CBS dropped out (next year was supposed to be CBS' turn as the two generally alternate).

"We're still talking to

**"We're still talking to CBS and ABC, but it's more likely to be another network (that will carry the telecast)."**

Peter Price CBS and ABC, but it's more likely going to be another network," Price said. While the NATAS deal for the Daytime Emmys telecast was a licence fee last time, it has been a licence fee and revenue share in past years. It could be one or both next time.

The 2008 Daytime Emmys hit an all-time low ratings low with 5.3 million viewers when it aired June 20. It has been a tough climate for many awards shows — the Miss America Pageant moved to cable several years ago.

If the show is not on ABC or CBS, the focus likely will move away from soap operas, a staple on those networks, to talk shows and children's programming, Price said. **REUTERS**

## Heaton sitcom going ahead

**TV** It's a go for ABC's The Middle.

After closing a deal with Patricia Heaton for the lead role, the network has greenlighted the comedy pilot about a middle-class Midwestern family as seen from the mother's perspective. The role is conceivably not a big stretch for Heaton, who played Ray Romano's long-suffering wife in CBS's sitcom Everybody Loves Raymond.

Production is slated to begin in February. **REUTERS**

See complete online movie listings, trailers, reviews and purchase tickets at [metronews.ca/movies](#)



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CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
11/20/08	267	351	- ACCESS	Help TV	Medium		Hole in the Wall		Eleventh Hour "Surge"		Help TV
	243	317	3 CFCN	etalk	Dance	ER "Age of Innocence"	CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		News (N)
	-	-	4 BROAD	(4) Broadcast News News.	Broadcast News News.						
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Ugly Betty (N)	Grey's Anatomy (N)		Life on Mars
	245	306	6 CBRT	Coronation St.	Jeopardy! (N)	The Nature of Things (N)		Doc Zone (HDTV) (N)	CBC News: The National		The Hour
	244	338	7 CICT	ET Canada	Entertainment	Life on Mars (HDTV) (N)	Survivor: Gabon (N)		The Office (N)	Billable Hours	News Hour
	246	-	8 CKAL	Law & Order: SVU		Friends	Friends	Ugly Betty (N)	30 Rock	30 Rock	Your City
	119	705	9 CBXFT	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)		Grosse vie (N)	C.A. (N) (SC)	Le Téléjournal (N) (SC)	TJ Alberta
	-	-	10 SHAW	(6) Local Programming							
	-	372	12 KREM	News (N)	Hollywood	The Doctors (N)	Survivor: Gabon (HDTV)		CSI: Crime Scene Invstgtn.		Eleventh Hour
news	-	374	14 KSPS	NewsHour With Jim Lehrer		Health Matters, TV for Life	Sherlock Holmes Mysteries		Globe Trekker (DVS)		Steve Miller
	502	390	15 CBC	CBC News: The National		The Nature of Things	CBC News: The National		CBC News: The National		Nature-Things
	-	370	16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Name Is Earl	Kath & Kim (N)	The Office (N)	30 Rock
	-	373	22 KAYU	The Simpsons	The Simpsons	Two/Half Men	Two/Half Men	Kitchen Nightmares (N)	Kitchen Nightmares (PA)		News (N)
	297	652	37 WPIX	Supernatural (HDTV) (N)		CW11 News at Ten (N)		Two/Half Men	Friends	Sex and-City	Will & Grace
	500	500	29 CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live	Cooper 360
	508	502	31 CNN2	Lou Dobbs Tonight		Nancy Grace	Showbiz Tonight			Lou Dobbs Tonight	Nancy Grace
	400	400	21 TSN	(6) NFL Football Cincinnati Bengals at Pittsburgh Steelers.			SportsCentre			E:60 (N)	Poker Night
	408	418	27 net	NHL Hockey Calgary Flames at Colorado Avalanche. (HDTV) (Live)				Sportsnet Con.		Sportsnet Connected (Live)	Hockey
	410	403	30 SCORE	College Football Miami at Georgia Tech. (Live)		Score Tonight	Score Tonight			Final Score	Final Score
sports	411	457	44 OLN	Survivorman		Pilot Guides Specials	Pilot Guides			Don't Forget Your Passport	Commando
	417	406	48 SPEED	Pinks -- All Out (HDTV)		Wrecked	Pinks (HDTV)	Pass Time		Pinks -- All Out	Pinks -- All Out
	552	543	20 YTV	Drake & Josh	iCarly	H2O, Just Add	Prank Patrol	Malcolm-Mid.	Sabrina-Witch	Futurama	Prank Patrol
	557	541	39 FAM	Zoe 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek
	555	545	67 TOON	16teen	Total Drama	George-Jungle	Bugs Bunny & Tweety Show	Wayside		Johnny Test	Futurama
	575	583	11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	Gone, Reunion	Home	Home Improve.	Home Improve.
	553	546	17 TREE	Little Bear	Maggie-Beast	Comfy Couch	Rolie Polie Olie	Beren, Bears	Babar	Backyardigans	Dora-Explorer
	-	-	18 CHTV	The Insider (N)	E! News	Name Is Earl	Kath & Kim (N)	Anna's Storm (2007, Action) Sheree Wilson. Premiere.			News (N)
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One					
	602	568	23 W	House	Style by Jury	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House
family	521	560	24 TLC	American Chopper		LA Ink "Kim's Big Deal"		American Chopper		LA Ink "Kim's Big Deal"	Amer. Chopper
	603	561	25 FOOD	Unwrapped	Secret Life of	Jamie's Kitchen Australia (N)		Restaurant Makeover		Challenge	Unwrapped
	615	520	26 A&E	The First 48 "Blindsided"		The First 48 (HDTV)		Crime 360 (HDTV)		The First 48 "Memphis"	The First 48
	617	522	32 SHOW	EastEnders	Spaced	Painkiller Jane		ReGenesis (HDTV)		Trailer Park	Trailer Park
	601	562	33 SLICE	X-Weighted "Debbi"		The Biggest Loser		Rich Bride, Poor Bride		X-Weighted "Debbi"	Biggest Loser
	-	633	34 ENC2	Deep Blue Sea	Air Speed ** (1998, Drama) Elisha Cuthbert.			Airport *** (1970, Suspense) Burt Lancaster, Dean Martin.			Airport 1975
	520	505	35 DISC	Commandments-Mafia		MythBusters		Daily Planet		Monster Moves	Commandment
	620	523	36 BRAVO	Intern Academy * (2004, Comedy) Peter Oldring, Pat Kelly.				Law & Order "Merger"		Without a Trace	Just Looking
	294	650	40 WPCB	Friends	Friends	Mr. Deeds * (2002, Comedy) Adam Sandler.				Family Guy	Family Guy
	626	547	41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park
cable variety	-	539	42 TCM	Phantom	(7:45) The Hunchback of Notre Dame *** (1923, Drama)			(9:45) David Copperfield *** (1935, Drama)			VIP
	628	584	43 SPIKE	TNA iMPACT! (HDTV) (N)				CSI: Crime Scene Invstgtn.		Disorderly Conduct: Video	Married... With
	522	516	45 HIST	Finding the Fallen		NCIS "Witness"		Lost Worlds		Finding the Fallen	NCIS
	627	528	46 SPACE	Battlestar Galactica		Chuck (N)		Stargate SG-1 A virus.		Lost "S.O.S."	Deep Space 9
	-	-	47 AMC	(6) Road House ** (1989, Action)		Black Dog ** (1998, Action) Patrick Swayze, Meat Loaf.				The Skulls (2000, Suspense)	
	619	525	49 TROP	Make or Break	Naked Fashion	Beverly Hills, 90210		Make or Break	What Happen?	Family Guy	Seinfeld
	600	564	50 HGTV	The Fix	Disaster DIY	Home to Flip	Real Renos (N)	Holmes on Homes		The Fix	Disaster DIY
	501	391	52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet
	504	508	70 BNN	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News
	526	507	92 VIVA	The West Wing		Passion	Homicide File	Psychic Inv.	Encounters	Judging Amy	Commander
cable variety	269	350	93 APTN	Suaangan	Wapos Bay	By the Rapids	renegadePress	Demolition Man ** (1993, Science Fiction) Sylvester Stallone, Wesley Snipes.			
	-	-	94 MCP	(6:30) News	News	Matchmaker	Mom's-Upset	Vancouver	Kirdaar	Dheeyan Ghar	Sadababhar
	571	581	100 MMM	Listed		Gene Simmons	Gene Simmons	Party of Five		Mariah Carey: Mimi	Party of Five
	570	580	101 MM	50 Cent: Money and Power		50 Cent: Money and Power		Muchmusic Countdown		Pimp My Ride	MuchVibe
	581	566	102 MTV	The Hills	Exiled	Exiled		MTV Live	After	Man and Wife	The Hills

## critics'corner

### Life on Mars

When the baby of a prominent family is kidnapped and held for ransom, Sam (Jason O'Mara) is shocked to discover that his own father may be involved. You see, Sam was only 4 years old when his father skipped town under mysterious circumstances back in 1973. Has he been sent back in time to stop his father from leaving the family? Get ready for some seriously repressed childhood memories and for Sam to never be the same again in "The Man Who Sold the World." 8 PM on CICT



### South Park

The fate of the world lies in the hands of Cartman's ultracool binder. But this is no ordinary school tool. Oh, no. The "Trapper Keeper" is really a superbeing bent on world domination. And as usual, it's up to Stan, Kyle, Kenny and, perhaps Cartman — if he can only bear to give up his beloved notebook — to help save the day. 10:30 PM on COM



## Celebrity Buzz

### Spears' 'mistake' marriage

**MARRIAGE** Britney Spears says marrying Kevin Federline was a mistake, femalefirst.co.uk reports.

The singer, who has two sons, three-year-old Sean Preston and two-year-old Jayden James, with Federline, wishes she had never walked down the aisle with the former backing dancer.

"I think I married for the wrong reasons. Instead of following my heart and doing what made me really happy, I just did it for the sake of the idea of everything."



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Spears said in a promo for her new TV documentary *Britney: For the Record*.

Spears also revealed the divorce has influenced her music.

"Your music is a reflection of what you're going through," Spears added. Spears and Federline married in September 2004 and split in the summer of 2006. Their divorce was finalized in July 2007.

### Cyrus careful with company

**TRUST** As she approaches her 16th birthday, Miley Cyrus says she is learning to keep her guard up, People.com reports.

"I think you have to be really careful about the people you trust," the Hannah Montana star, who turns 16 on Sunday, tells Ellen DeGeneres in an interview. "There (are) very few, two or three people that I would actually go to with anything and know that it would never

leave the room," she says. "Two of those are my parents."

And the other person in Cyrus's inner circle? Boyfriend Justin Gaston, 20. Giggling in her Ellen interview, Cyrus says the two have been dating for "a couple months."

She adds: "He's a singer, he's really cute, and he's nice and he's a Christian and I really like that."



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### Duff wants more TV guest work

**CAREER** Hilary Duff is begging TV bosses to give her roles in hit shows *The Office* and *30 Rock*, after signing a deal with the network behind them, imdb.com reports.

Duff recently signed a one-year contract with NBC, which will result in her fronting a new show.

The deal will also lead to Duff making appearances in other programs the network broadcasts. And she has already registered her preference.

When it comes to her own show, the former

Lizzie McGuire star wants to come up with something new and refreshing.

"I would like to do something funny ... or I would like to kick ass or something," the 21-year-old tells MTV News.

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### Mills turns tables on tabloids

**CELEBRITY** Sir Paul McCartney's ex-wife Heather Mills has made complaints against three U.K. national newspapers for inaccurate reporting, invasion of privacy and harassment, imdb.com reports.

Mills was criticized in the press for her conduct during her divorce from the former Beatle, in which she won a settlement of \$38 million US.



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The former model has now asked the U.K. media's governing body, the Press Complaints Commission, to investigate the Daily Express, Daily Mail and Britain's The Sun over stories the newspapers have published about her.

It will investigate her claims and the newspapers could face a reprimand if the allegations are proved.

### Love dismisses concerns she's suicidal

**HEALTH** Courtney Love has denied she is suicidal, femalefirst.co.uk reports.

The former Hole singer, sparking fears over the weekend after she flooded her MySpace blog with more than 60 entries, admits she occasionally

gets depressed. "I don't ingest alcohol and to even make the merest suggestion of a crack pipe is insane and mean and a lie, which you know perfectly well," she wrote.



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### Jackman named Sexiest Man Alive

**CELEBRITY** Actor Hugh Jackman has been named People magazine's Sexiest Man Alive. After pouring over a list of eligible, high-profile film stars, musicians and athletes, editors at the magazine named the 40-year-old its No. 1 of 2008.



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Jackman succeeds last year's top man, actor Matt Damon. Meanwhile, Jackman has responded modestly to news of his sexy status: "My wife (Deborah Lee Furness) said, 'I could have told them that two years ago,' Then she said, 'Obviously Brad Pitt wasn't available this year.'"

### Scarlett Johansson's bathroom shocker

**CELEBRITY** Actress Scarlett Johansson is still shocked over the vulgar remarks Lindsay Lohan allegedly scribbled about her on a New York City bathroom stall because she barely knows her, imdb.com reports.

The actress reportedly wrote "Scarlett is a bloody c—" with permanent mark-

er before making her exit during a night out in 2006.

Johansson is still baffled by the graffiti, since the two actresses have only met a handful of times. "I don't know what the motivation was," she tells *Allure* magazine.



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HELLO!

### Hot shot of the week



JENNIFER TANZIL/VIEWER

Sarah McLachlan, 40, now separated from her husband of 11 years, Ashwin Sood, has worked through her pain with two new, personal songs on her greatest-hits album, *Closer*. The Vancouver-based singer-songwriter says she's in a good place. "I've lived my life very instinctively and it's worked out pretty well up to this point," she tells *HELLO! Canada*.

**HELLO! CANADA magazine, now available on newsstands — read more at [hellomagazine.ca](http://hellomagazine.ca)**



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3 °C / -4 °C

**Saturday**  
Sunny  
5 °C / -1 °C



**Andrew Schultz, Weather Specialist – Breakfast Television**  
“I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta.”  
**WEEKDAYS AT 6 AM**

## Take Five

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18					19			20	21			
			22			23					24	25
26	27	28				29				30		
31					32				33			
34					35				36			
37			38					39				
			40					41			42	43
44												
45	46				47	48			49			
50					51				52			
53					54				55			

### Crossword across

- 1 Baby bed  
5 Ostrich's cousin  
8 Unwanted e-mail  
12 Staffer  
13 Operated  
14 Spelunkers' place  
15 Yuletide rendition  
16 Joan of —  
17 On in years  
18 Plays for time  
20 Domesticate  
22 Average guy  
26 Take five  
29 “The Gold Bug” author  
30 Convent denizen  
31 Actor Sharif  
32 Lair
- 33 “Beetle Bailey” dog  
34 Writer Tan  
35 Shell game item  
36 Beginning  
37 Average address  
40 Bleak, as literature  
41 Impudent  
45 Building block name  
47 Chances, for short  
49 Regulation  
50 Piece of work  
51 Rage  
52 Sorts  
53 Use a paper towel  
54 Heavy weight  
55 Evict

### Crossword down

- 1 Supermarket stack  
2 Laugh-a-minute sort  
3 Concept  
4 Sylvia Plath work, with “The”  
5 Obliterate  
6 Scratch  
7 Anointing ritual  
8 Rascally one  
9 Exhibitions  
10 “Hail, Caesar!”  
11 Not sml. or lge.  
19 Bagel topper  
21 Pink-slip  
23 Lance  
24 Just adorable
- 25 Entanglement  
26 Leave your cell area  
27 Jane Austen heroine  
28 Storing  
32 Motown  
33 Easternmost Great Lake  
35 Omega preceder  
36 “— the ramparts ...”  
38 Lariat feature  
39 Jed Clampett portrayer  
42 Bantu speaker  
43 Benevolent order  
44 Egg container  
45 Depressed  
46 Beside (Pref.)  
48 Paid player

### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



1	9	4	2	6	5	8	3	7
3	6	2	4	7	8	1	9	5
8	7	5	1	9	3	6	2	4
5	1	8	3	2	7	4	6	9
9	3	6	5	1	4	2	7	8
2	4	7	9	8	6	5	1	3
7	5	3	6	4	2	9	8	1
6	8	9	7	5	1	3	4	2
4	2	1	8	3	9	7	5	6

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

<b>SUDOKU SOLVE TIME:</b>	17-21 min .....	Smart
Under 13 min .....	Genius	
13-17 min .....	Scholar	
	21-25 min .....	Not bad
	25+ min .....	Keep practising

### Metro Recipe of the Day



### Greek Lamb and Eggplant Bake

#### INGREDIENTS:

- 14 oz (400 g) lean minced lamb
- 1 onion, finely chopped
- 3 garlic cloves, crushed
- 1 eggplant, cut into 1 cm cubes
- 200 ml vegetable stock
- 2 x 400 g tins chopped tomatoes
- 1/4 cup (50 mL) chopped fresh mint
- 1/4 cup (50 mL) chopped fresh dill (optional)
- Salt and freshly ground black pepper
- 11 oz (350 g) risoni or orzo
- 1 1/4 cup (300mL) plain low-fat yogurt
- 1 large egg

#### METHOD:

1. Brown lamb in a large frying pan over moderate heat. Add onion and garlic and cook for 5 minutes, stirring often, until onion is soft. Add eggplant and stock and cook, stirring, for 5 minutes, until eggplant is tender.
2. Stir in tomatoes and half the

herbs. Season with salt and pepper and bring to a boil. Reduce and simmer, covered, for 20 minutes, or until lamb is tender.

3. Meanwhile, cook risoni or orzo according to packet instructions, until al dente. Drain. Preheat oven to 180°C.

4. Beat together yogurt and egg in a small bowl.

5. Stir drained pasta into lamb mixture, then spoon into a large baking dish, measuring about 7 in. x 11 in. (18 x 28 cm). Spread yogurt mixture over top and bake for about 20 minutes until piping hot. Sprinkle with remaining mint and dill just before serving.

**SERVES 6**

**rd.ca**

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

## Horoscopes

### AVATAR VENUS

**ARIES**  
**MARCH 21-APRIL 20**  
Your reputation is on the line. Don't fall for a fake persona. A friend is playing against time.

**TAURUS**  
**APRIL 21-MAY 21**  
A family member is willing to share knowledge. Grand gestures won't impress you. Time will provide the truth about silly complaints.

**LIBRA**  
**SEPT 23-OCT 23**  
A compulsion to win helps you to manipulate your resources. Naughtiness makes you grit your teeth. Assert yourself to ensure co-operation.

**SCORPIO**  
**OCT 24-NOV 22**  
Refuse to be disheartened. A woman calls your name to play a game. Someone's relief is plain enough for everybody to see.

**GEMINI**  
**MAY 22-JUNE 21**  
Forced obedience causes a slow burn. Irrelevant amusement begins to get boring. A compromising friend wants to talk too much again.

**SAGITTARIUS**  
**NOV 23-DEC 21**  
A wonderful woman releases you from inhibitions. Avoid using mind-altering substances. An extreme reaction will baffle a lazy creature.

**CANCER**  
**JUNE 22-JULY 22**  
The manipulation of friends begins to rankle. Discourage someone's kleptomania. Create new opportunities for a family member.

**CAPRICORN**  
**DEC 22-JAN 20**  
You'll find satisfaction in caring for the hopeless. Try to ignore it when someone gets away with a crime. Pay attention to mischief-makers.

**LEO**  
**JULY 23-AUG 23**  
Outrageous things will happen. Expending too much effort brings no reward. Communicate the importance of giving and receiving love.

**AQUARIUS**  
**JAN 21-FEB 18**  
A love affair makes your head spin. Stand firm when exposed to fine feelings. A bashful buddy wants to help but fears rejection.

**VIRGO**  
**AUG 24-SEPT 22**  
A family provides shelter and protection. Persuade someone to do the right thing. A situation improves when you speak your mind.

**PISCES**  
**FEB 19-MARCH 20**  
Have your sewing tools and first aid kit handy for emergencies. Be ready for a few surprises. A comforting treat will be provided.

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